

Twilight Throwers 2023 Last Chance Meet / Jim Chamberas Throws Pentathlon

Chelmsford, MA

9/24/2023

Hammer Throw

M18	James Chafouleas	52.76
M55	Antonio Tenreiro	39.83
M65	Don Maki	36.13
M75	John Jackson	34.34
W16	Paige DeStefano	24.72

Shot Put

M18	Logan Alfandari	15.00
	Alexander Fitzsimmons	12.56
	Joshua Foley	11.91
	Preston Bowman	10.72
M35	Terrence Young	11.10
M65	Steven Seminerio, Jr	6.83
W35	Christine Carroll	5.40

Discus Throw

M18	Logan Alfandari	46.68
	Alexander Fitzsimmons	45.78
	Preston Bowman	36.24
M35	Terrence Young	33.25
M65	Don Maki	43.90
W16	Paige DeStefano	18.17
W35	Christine Carroll	15.81
W40	Jessica Colangelo	14.94

Javelin

M18	James Chafouleas	51.25
	Alexander Grudinkas	42.80
	Mathias Wrede	40.83
M55	Keith Gobeille	30.01
M65	Steven Seminerio, Jr	17.52
M70	Steven Pelletier	27.04
W30	Katherine Kozlowski	21.34

Weight Throw

M55	Antonio Tenreiro	12.82
M60	Jim Burgoyne	13.20

Age	Name	Total	PI	Hammer	HT Points	Shot Put	SP Points	Discus	DT Points	Javelin	JT Points	Weight	WT Points
M37	Derek Worden	2638	1	41.20	558	10.13	521	33.92	542	30.15	320	14.34	697
M53	David DeStefano	3500	1	52.57	827	11.87	711	40.56	682	32.45	441	16.86	839
M58	Bill Cotter	2994	1	40.43	665	10.13	642	34.94	624	26.22	373	13.28	690
M71	Kenneth Effler	2574	1	29.31	497	8.95	586	24.87	449	26.60	462	11.97	580
M73	Ned Rich	2140	2	22.48	356	8.02	513	26.02	475	22.29	366	9.36	430
M76	Kent Worden	1797	1	19.17	337	7.02	491	20.16	398	12.73	196	7.68	375
W43	Julie Williams-Tinkham	2609	1	39.21	649	9.53	571	26.55	434	17.73	289	13.17	666